

February 2012

FAMILY EDUCATION



Grocery Foundation Resource Centre

416 - 425 - 6220 or
1 - 800 - 363 - 2440

Holland Bloorview
Kids Rehabilitation Hospital

Opportunities to get information and meet other parents

Videos and information featured in this calendar are available in the Family Resource Centre. Drop by or contact us to find out more about these and other topics. Printed handouts are available for many topics. The Grocery Foundation Resource Centre is opened Monday through Friday 8:30 a.m. – 5:00 p.m.

Thursday, February 2

Information and Networking

Family Education Series January – March 2012

Description: What family education workshop are offered January to March 2012? Register now.

Time: 10:30 – 11:30 a.m. **Location:** 1st 2nd and 3rd floor clinic waiting areas

Presenter/Facilitator: June Chiu

Friday, February 3

Video Review

Try-UMPH!

Length: 30 minutes

Description: Sport, fitness & recreation for youth with physical disability. What are the options?

Time: All day **Location:** T.V. monitor inside the Grocery Foundation Family Resource Centre

Monday, February 6

Information and Networking

Community Resources: Have you heard about these?

Description: Are you using all the resources available in your community? Do you know about resources (services and supports) which could be useful to families of children with special needs like the travel and entertainment cards, sibling programs, respiteservices.com and many others?

Time: All day **Location:** Grocery Foundation Family Resource Centre

Presenter/Facilitator: June Chiu

Tuesday, February 7

Family Education Workshop

Moving to High School: Bridging the Gap between 8-2-9 Part 1 (Part 2 will be on May 1)

Description: • a look at the difference between elementary school and high school • learning strategies for student success • ways for students to get ready for the new school. **This is for students in Grade 7 or 8, moving into a high school program leading to an Ontario Secondary School Diploma (OSSD). If you are not sure that your student will receive the OSSD, speak with your teacher.**

Time: 6:30 – 9:00 p.m. **Location:** Conference Centre

Presenter/Facilitator: Staff from: Holland Bloorview Brain Injury Rehabilitation Program, Child Development Program, Bloorview School Authority, Family Resource Centre **Cost:** No fee

Registration: Call to pre-register. See contact information in the box at the bottom of page 2

Wednesday, February 8

Community Resource Information Display

The Easter Seals Society

Description: Offers a range of services and programs for children and youth with physical disability:

• equipment funding • incontinence program • summer camps and recreation funding

Time: 12:30 – 3:00 p.m. **Location:** Across from Tim Hortons kiosk

Presenter/Facilitator: Representatives from the Easter Seals Society

Thursday, February 9

Video Review

Revel in the Light

Length: 12 minutes

Description: Take a look into the life of a young woman with cerebral palsy, who does not speak in words and relies on others to support her, **BUT** is living a life beyond society's expectations, working and participating in her community.

Time: All day **Location:** T.V. monitor inside the Grocery Foundation Family Resource Centre

Monday, February 13

Video Review

A Simple Gift: helping young children cope with emotions

Length: 17 minutes

Description: Anger, sadness, fear, jealousy and difficult behaviours (temper tantrums, whining) are all normal in young children. This video offers suggestions as to how parents can help young children understand their difficult feelings and express them in more socially acceptable ways.

Time: All day **Location:** T.V. monitor inside the Grocery Foundation Family Resource Centre

Tuesday, February 14

Information and Networking

Information about Financial Resources: • RDSP • Income Tax planning

Description: • important information to have • Where can one find out more about these topics?

Time: 2:00 – 3:00 p.m. **Location:** 1st, 2nd 3rd floor clinic waiting areas

Presenter/Facilitator: June Chiu or Parent Mentor

Thursday, February 16

Family Education Workshop

Income Tax planning with special needs and disability considerations in mind

Description: Time to organize information to file your income tax. What do you need to remember? What expenses can be claimed? What resources can help me file the claim correctly?

Presenter/Facilitator: Jamie Golembek, C.A. **Time:** 7:00 – 9:00 p.m. **Location:** Conference Centre

Costs: Family members: \$ 10 Service Providers: \$25 **Pre-paid Registration required**

See contact information in box at the bottom of page 2

Thursday, February 23

Information and Networking

Parent Talk: connecting for support

Description: Meet parents of other children with special needs; share your experiences as a parent, learn how other families support their children; find out about useful resources and supports

Time: 10:30 – 11:30 a.m. **Location:** Family Resource Centre

Presenter/Facilitator: Cheryl Peters, Parent Mentor and June Chiu

Saturday, February 25

Family Education workshop

Recreation and Leisure: • more than sports • planning early for summer fun

Description: • How to choose the right camp or activity? • Organizing for a successful experience • What financial resources can help?

Time: 10:00 – 12:00 p.m. **Location:** Conference Centre

Presenter/Facilitator: Therapeutic Recreation Staff

Costs: Family members: \$ 10 Service Providers: \$ 25 **Pre-paid Registration required**

See contact information in box at the bottom of page 2

Tuesday, February 28

Family Education Workshop

Registered Disability Savings Plan (RDSP) Securing the financial future for people with disability

Description: Learn how the RDSP can work for you and your family

Time: 7:00 – 9:00 p.m. **Location:** Conference Centre

Presenter/Facilitator: Brendon Pooran, lawyer, designate presenter in partnership with the Government of Canada and Community Living Ontario

Costs: Free session **Registration:** Call to pre-register. See information in the box at the bottom of page 2

Wednesday, February, 29

Information and Networking

Growing Up Ready

Description: Use this reference to help encourage your son or daughter learn to do more for themselves.

Time: 2:00 – 3:00 p.m. **Location:** 1st, 2nd and 3rd floor clinic waiting areas

Presenter/Facilitator: June Chiu or Parent Mentor

Watch for the March events!

Family workshops registrations must be pre-paid one week before the date of the workshop

Call June Chiu at (416) 425- 6220, ext. 3319 or

e-mail: jchiu@hollandbloorview.ca

Send cheques, payable to **Holland Bloorview** to:

Holland Bloorview Kids Rehabilitation Hospital

Attention: June Chiu

150 Kilgour Road, Toronto, ON

M4G 1R8

* or leave at main reception